

Domestic help wanted
Female domestic help wanted at Guwahati for Manipuri working couple. Terms and conditions negotiable. Please contact 8134032414, 7086056852.

8 Spring Water Harvesting Unit inaugurated Let's conserve forest and get benefit from it - Joykumar

IT News
Imphal, August 22:

Central Forest Division Mantripukhri, with the help of ICICI Foundation for Inclusive Growth, today launched the "Spring Water Harvesting Unit" at 8 different places in Manipur to provide potable water all year round. The 8 different places where the units are installed are at Phayeng, Kameng, Kangla Siphai, Morok Ingkhol, Taorem, Chappu Uppi, Nongpok Achiba, and Nunghum Maril. The said initiative was launched by L. Joykumar, Chief Conservator of Forest TP-1 (CCF).

The inauguration of the "Spring Water Harvesting Unit" at Phayeng was attended by L. Joykumar, Chief Conservator of Forest TP-1 (CCF), RK Amarjit, DFO Central Forest Division, Siva Veimy MFS, ACF Central Forest Division, Prabin Ningthouja, Range Officer Nongmaiching Range, K Raghu Singh, Range Officer Sawmbung Range, Ng Ratan, Range Officer Sadar East, Jorbid Meitei, Range Officer Head Quarter Central Forest Division, Mobi Retd. Range Officer, Rishi, ICICI Foundation, and other staff of ICICI Foundation, along with Ex-Pradhan of Phayeng, Gojen.

L Joykumar CCF TP-1 lauded the efforts of Phayeng in preserving forests in and around Phayeng area. He said, "It is commendable what the Forest Protection Committee of Phayeng, which comprises 60 members, has been doing in preserving forest areas. With this, streams flowing in and around the hills of



Phayeng are now flowing perennially. The waters which are flowing in these streams are potable and don't pose any health risk to humans." Joykumar appealed to the people to preserve forests so as to get water all year round, and there will not be any scarcity of water if forests in and around our surroundings are protected.

This project has already been started successfully in other places before. Earlier, there was water scarcity in places where forest areas had been deforested. But with these initiatives of the Forest Department, with the help of villagers, certain forests

have been saved from deforestation, and streams that have dried are restored, giving potable water, Joykumar added.

DFO of Central Forest Division RK Amarjit said, "The places where today's Spring Water Harvesting Unit" have been inaugurated are full of greenery with lush green forest. The Spring Water Harvesting Unit, which is installed at different places, has 3 water tanks each, where 2 tanks are installed at the hills and one tank at each Leikai as Distributed Tank. The water which is provided by these tanks is properly filtered sans chemical presence and

doesn't pose any hazard to human health. Now, people living in the locality are now able to get clean and potable water anytime all year round."

Amarjit added, "Phayeng has been one of the first Carbon Positive Village in India. It is a pleasure to get the opportunity to work in such a place. The water which the people are getting is not ordinary water but the fruit of conserving the forest." He further appealed to the villagers gathered at the inauguration ceremony to use the tanks properly and to further conserve forest so as to get a continued supply of clean drinking water.

Naga issue: NSCN(IM) sticks to demand for separate flag, constitution

Agency
Dimapur, August 22:

The NSCN(IM) on Sunday said that under no circumstances it would forego the demand for a separate flag and Yehzabo' (constitution) to achieve a final solution to the vexed Naga political issue.

The Isak-Muivah faction of the National Socialist Council of Nagalim (NSCN-IM), which is holding peace talks with the government for over two decades, said it attaches great importance to the Naga flag and constitution as part of the solution.

Thus, the NSCN(IM) affirmed that under no circumstances it can forego these core issues that symbolised the Naga national identity, the organisation said in a statement.

The NSCN(IM) and the Centre signed a framework agreement in 2015 to find a solution to the political issue.

The framework agreement came after over 80 rounds of negotiations spanning 18



years, with the first breakthrough in 1997 when the ceasefire agreement was sealed after decades of insurgency in Nagaland which started soon after Independence in 1947.

The union government has also been holding a separate parity with Naga National Political Groups (NNPGs) comprising seven organisations since 2017.

However, the final solution is yet to see the light of the day mainly because of the unwillingness of the government to accept the NSCN(IM)'s per-

sistent demand for a separate flag and constitution.

The Centre is not willing to accept the demands proposed because it had abrogated Article 370 which gave a special status to Jammu and Kashmir. With the annulment of the special status in 2019, the separate flag and the constitution of Jammu and Kashmir cease to exist.

Time and again the NSCN(IM) has taken the resolute stand that it shall never deviate from the Naga national principle at any cost, the outfit said in the statement.

Sanarik Pareng released



IT News
Imphal, August 22:

The 16th Foundation day of Sheiheik Seireng Sheipal Shemgat Lup (SHEIPAL) was held today at Manipur Press Club, Imphal. A book titled "Sanarik Pareng" was released and awards were also presented.

Special award, Chahisigi Sheirengba Khomdram Bidhu amasung Leimakhubi Lifetime Achievement Award 2022, was presented to Hawaibam

Jandho and the award was donated by Khomdram Dorendro and his family. The second special award Dr. Mayengbam Kamala Sheirol Mana, 2022 was presented to Mutum Ramanu and this award was donated by Dr. Mayengbam Kamala.

The function was attended by Thangjam Arunkumar MLA, Wangkhei Assembly Constituency, Kshetrimayum Subadhani Subadhani, Vice President, SHEIPAL, Dr. Nongmaithem

Santa, International Awardee, Anandabi Konthoujam, National Awardee and Salam (O) Bajani Devi, Proprietor, Lajja Enterprises, Imphal as Chief Guest, President and Guest of Honours respectively.

"Sanarik Pareng" was released on today's foundation day of SHEIPAL by Chief Guest, President, and Guest of Honour of the function along with K.C. Gita, Secretary, SHEIPAL, and Rakesh Naorem, Editor of Sanarik Pareng.

WAD condemns rape of a student

IT News
Imphal, August 22:

Women Action for Development (WAD) deeply condemned the rape of a student of SAINA Institute of Medical Sciences Porompat by the founder of the said Institute on August 14 in the name of elopement.

A press release by WAD said, "The incident will also lead to a trust deficit between the student and the teacher community in the society as two women teacher is said to be involved in the incident. On the other hand, as per the information

received from the field visit made by our team, the police failed to arrest the main accused, Yumnam Surjitkumar of Kongpal Kongkham Leikai, Imphal East, even after an FIR was lodged at WPS, Lamphel, on August 16. Such negligence of the concern PS will delay in the course of investigation to deliver justice to the aggrieved party."

On the other hand, WAD is deeply concerned about the unfortunate situation faced by our women, children, and students who are not safe in our own state, in our homes, schools, and in-

stitutions. To whom we blame the government/governance, or should we remain silent in the name of development and wait for another women's war, the press release added.

WAD urged the concerned WPS Imphal West to arrest the main accused immediately and submit a detailed report of the case to the concerned court to reject any pre-arrest bail and to arrest all the co-accused for a thorough investigation to bring justice according to the rule of law. WAD also urged not to protect the accused persons by any influential party.

Financial Committee Chairman appointed

IT News
Imphal, August 22:

Speaker of Manipur Legislative Assembly has appointed Chairman of Financial Committees today. The appointed members are Keisham Meghachandra Singh, Committee on Public Accounts, Thounaojam Shyamkumar, Committee on Estimates and L.M. Khaute, Committee on Public Undertakings.

Corrigendum

Major Sanju of PREPAK who succumbed to an illness on August 18, 2022 while undergoing treatment in a hospital was not a member of the Polit Bureau of the party but was working under the supervision of the Polit Bureau. This newspaper had wrongly reported him as member of Polit Bureau in our yesterday issue. The error is regretted.

Sd/-
Editor

New Delhi, August 22:

Padma Bhushan and Padma Shri, are amongst the highest civilian awards of the country. Instituted in 1954, these Awards are announced on the occasion of the Republic Day every year.

The award seeks to recognize 'work of distinction' and is given for distinguished and exceptional achievements/service in all fields/disciplines, such as, Art, Literature and Education, Sports, Medicine, Social Work, Science and Engineering, Public Affairs, Civil

Service, Trade and Industry etc.

All persons without distinction of race, occupation, position or sex are eligible for these Awards. Government servants including those working with PSUs, except Doctors and Scientists, are not eligible for Padma Awards.

The Rashtriya Puruskar Portal has been developed by the government to "bring together all the awards of the various ministries under the government of India under

one platform to ensure transparency and public partnership."

Currently, nominations for the below awards are open:

- Padma Awards- Last date is 15/09/2022
- National Award for Excellence in Forestry 2022- Last date is 30/09/2022
- National Gopal Ratna Award 2022- Last date is 15/09/2022
- National Water Awards 2022- Last date is 15/09/2022
- National Award for Senior

Citizens -Vayoshreshtha Samman 2022- Last date is 29/08/2022

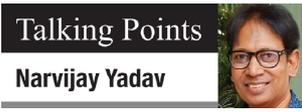
- National Award for Individual Excellence 2021- Last date is 28/08/2022
- National Award for Individual Excellence 2022- Last date is 28/08/2022
- National Awards for Institutions Engaged in Empowering Persons with Disabilities 2021- Last date is 28/08/2022
- National Awards for Institutions Engaged in Empowering Persons with Disabilities 2022- Last date is 28/08/2022
- National Award for Senior

- 2022- Last date is 28/08/2022
- National CSR Awards 2022- Last date is 31/08/2022
- Nari Shakti Puraskar 2023- Last date is 31/10/2022
- Subhash Chandra Bose Aapda Prabandhan Puraskar 2023- Last date is 31/08/2022
- National Awards for Outstanding Services in the Field of Prevention of
- Alcoholism and Substance Abuse 2022- Last date is 29/08/2022
- Jeevan Raksha Padak - Last date is 30/09/2022

Online Nominations for Padma Awards 2023 open till September 15 on Rashtriya Puruskar Portal

What habit makes the billionaires great

The Forbes report on the lifestyle of the wealthiest people states that Bill Gates prefers to wash the utensils himself after having dinner. Amazon founder Jeff Bezos has a similar habit, he likes to cook and wash dishes at home. Both the billionaires have the same explanation they want to set an example in front of their children.



Talking Points

Narvijay Yadav

Share market investor Rakesh Jhunjhunwala, one of India's 100 richest people, passed away recently, but the tales of his ingenuity remain in constant discussion. The big bull of the share market used to say that even if he had a tenth of his current wealth, he would still live in the same ordinary house, and drive the same car. There is a curiosity in everyone's mind about the living style of the richest and most wealthy people in the world, and what kind of life these people must be leading in their homes. How do they live and how do they spend time with their children? In view of this curiosity, Forbes magazine has released a list that reveals the lifestyle and likes and dislikes of the top billionaires of the world.

The Forbes report on the lifestyle of the wealthiest people states that Bill Gates prefers to wash the utensils himself after having dinner. Amazon founder Jeff Bezos has a similar habit, he likes to cook and wash dishes at home. Both the billionaires have the same explanation they want to set an example in front of their children so that they do not get spoiled and do not become careless in the pursuit of money and wealth. They should understand the value of money and not take any work as small. However, a surprising fact also came to the fore that none of these billionaires likes to do laundry.

In the case of India, it is a well-known fact that Mrs. Sudha Murthy, wife of Infosys founder Narayan Murthy, prefers to clean the toilet herself. She has no qualms about doing household chores. In the house, both the husband and wife live in a simple way and lead a very simple life. Forbes magazine usually releases an annual list of the world's richest businessmen. Along with this, the magazine also publishes various types of surveys on the habits of the richest people. In the survey of the household habits of the billionaires, 65 of the world's richest people were included. More than half of these said that they spend their free time with family members and children. They like to play with their children, spend time together, cook for them, and do small tasks happily.

It is said that humility is the first condition to being a great leader. Whether you want to be successful in life or business, humility is a good habit to follow. Legendary author Gene Collins studied several successful CEOs in the business world and found that they all had two traits in common - humility and a strong will. The two qualities seem to contradict each other, but they are not. The world salutes the humble and down-to-earth leaders. Anand Mahindra, chairman of the Mahindra Group, says his company employs thousands of people with higher qualifications, including engineers, scientists, and economic experts. He says that he simply leads them and never pretends that he knows everything. Working as a humble leader is what makes Anand Mahindra great.

For success and good health, the most important thing after a healthy and balanced meal is adequate and sound sleep. A lot of people have this misconception that sleeping less can lead to more success. These people are spoiling their health by doing overwork. Research says that those who get busy with 4 hours of sleep start getting old 10 years before the time. In such a situation, the right solution is to sleep and wake up at a certain time and there should be a fixed sleeping routine. At least 7 to 8 hours of sound sleep is required for adults. During sound sleep, the damaged cells of the body are reconstructed and the body gets energized. That is why adequate sleep is necessary to fully recharge the body and mind.

Aging also comes faster by eating excessively, consuming more sugar or salt, or having foods made from refined flour (maida). The reason for this is that foods made from refined flour and fried in refined oil draw nutrients from the body for their absorption, which leads to a deficiency of vitamins and minerals in the body. Due to this, the body starts aging quickly. Aging also comes quickly due to over-eating, frequent eating, and eating unhealthy foods, because these things increase obesity. Excess obesity increases the risk of diabetes and cardiovascular diseases. Therefore, for healthy aging, it is necessary that food should be eaten in moderation, the amount of refined flour, sugar, and salt should be moderate, and at least 8 hours of sound sleep should be taken every day. Sleeping early at night and getting up early in the morning, eating healthy food, as well as exercising for at least 2 hours per week are essential requirements to stay healthy. Research says that if someone is not able to exercise every day, but if s/he does the same exercise for 2 hours a week, then also the benefits remain the same.

Letters, Feedback and Suggestions to 'Imphal Times' can be sent to our e-mail : impalthimes@gmail.com. For advertisement kindly contact : - 0385-3590330 (O). For time being readers can reach the office at Cell Phone No. 9862860745 for any purpose.

Towards Centenary: India's Amrit Kaal challenge



By: M.R. Lalu

One more Independence Day passed with great patriotic fervour and gaiety. India at 75 is at the crossroads of a quest for development emanating from every inch of its landscape while its own sneaky conflicts frustrate its efforts to bring about greater changes. But the quest to become a developed country by 2047 attaches great meaning to the dream that we have been conscientiously nurturing for long. The Prime Minister's call to transform India into a developed nation in the next 25 years was a lift-off moment and of course one with great vigour and thrust. He seemed to have captured the gist of India as he set this goal for its citizens. What remains to be done is to inject into the limbs and veins of the country the idea of a developed nation. But the challenges ahead are harder and essentially hold indomitable barriers and the efficiency we need to garner to dispel them needs to come from within. India's true potential to keep pace with developed countries needs to be seen with complete earnestness. Despite its being trapped and enmeshed in its own conflicts as a nation, India has consistently been representing a world view purely cognizant of its ability to gain stability and its intent to bring peace across the planet through multiple ideological interventions is surely gaining global recognition. The Covid-19 pandemic spilled its wrath on humanity and millions writhed and choked and died and the global powers remained perplexed devoid of solutions, but India took the plunge and brought solace to a large number of people irrespective of

geopolitical complexities.

75th Independence Day was also an occasion to introspect on the journey that an independent India has taken. Breaking the shackles of colonialism, it was not easy for an infant nation to take a leap with unsteady steps. Bringing 562 princely states into one basket of national unity, the leaders had sailed the newborn nation through the most treacherous situations. From the ramparts of the Red Fort, the Prime Minister was candid when he eulogised the nation that we are and while setting goals for the next 25 years he was more vocal on the aspirational sentiments of the populace and the road to development for him, was a collective endeavour that every Indian should embrace. While being assertive on the potentiality of India, Modi honestly expressed his view as to how an aspirational society accelerates the momentum of development and the governments, to him, are often on the sword's edge as public expectations soar high. The new awakening of an aspirational society backed by altruism and patriotic belongingness would surely bring gigantic changes and the country is all set to capture the opportunity of the moment. The more the women folk are brought to the mainstream with equal opportunities as enjoyed by the men, the more and faster will India's ascend as a country with significant power.

Modi's direct attack against corruption from the Red Fort was a clear indication on what his government's action against the culprits in future could be. This needs to be seen with caution and the panic that it could create. The Congress and its leaders thronged into the streets against the government's action on the top brass of the party dynasty. The investigative agencies would further gain power to sneak into the bunkers of the corrupt. More skulls would be pulled out from the graves and the convulsion across the political spectrum in India is an indication, a clear message to those who stage-manage the crass cacophony

in the parliament and the streets. India's journey from the subjugation imposed by the invasion, shaking its shade of slavery forever, was a strenuous struggle and the juncture that we are today is an outcome of the fire into which the country had thrown itself wholeheartedly. The diversity that we have been watering has also brought an indelible imprint of cohesion and a cultural assimilation that we have been strengthened by was one of the most significant factors behind India's unity as a free nation. The role that we have today to play on a global stage is more significant than ever before. The Prime Minister has been successful in encapsulating the idea that India represented from the days of antiquity to the present.

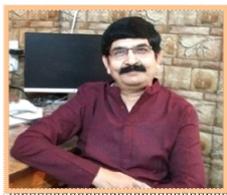
Though India's baby steps towards progress have been unsteady, its national energy has been unparalleled and stable pushing an infant nation from the clutches of cultural devaluation and denigration. Shaking the impact of the colonial influence was not that easy. Surprisingly, even today we could not successfully emancipate India from the colonial blow. The policies forcefully disseminated by Lord Macaulay have definitely chiselled a genus of Indians who represent the white-man's wisdom and are unapologetically argumentative on its efficacy even today. We can find them everywhere among the academics, the media fraternity, the politicians, the judiciary, and the intellectuals and also among social critics. India as of today is a complex democracy. On one side its aspirational worldview is gaining momentum and on the other we are pulled by the pinching realities of illiteracy, inequality, corruption and the contradictions and conflicts of religious hypocrisy. The question that often penetrates into the collective psyche of Indians is that; how long shall we live a life of contradictions? Does this country still have the energy to defend its inner conflicts? As an aspirational India marches towards its centenary, Himalayan challenges await us. Mea-

sures taken to address the anomalies in recent years cannot be brushed aside, but the pace that we need to gather before we would be able to put the country on the pedestal of development needs to be accelerated.

Seventy Five years of glorious journey brought moments of pride but it was filled with moments of conflict and defeats too. The wars India won against Pakistan are stories of valour for the upcoming generations. But the defeat at the hands of China equally gave us a subject to ponder. While Chernobyl, Hiroshima and Nagasaki evoked emotions of restraint, we did not hesitate to shield the country with nuclear arms. Emergency's darkness thickened upon the country and its wrath unforgivably pressed it hard in jails and detentions. India's tenacity was herculean that we could successfully navigate the country against a regime in its quest for relentless power and political immunity. We were not hesitant to shed tears at the brutal assassinations of our Prime Ministers but never failed to learn from them, we continued to strengthen our security apparatus. India witnessed agitations fuelled by democratic aspirations against the ruling regimes but was consciously holding the ethos of democracy and the values enshrined in the constitution. Riots small and big have occasionally brought blot on independent India's history and the scars engraved by the rage of mob fury obviously went deeper. A regime change in India since 2014 was a result of an aspirational shift by the Indian voters from a system of institutionalised corruption. All sectors of social life in the country received indomitable challenges but considerable moves in the direction of reforms followed. India, towards its centenary is an aspirational India and its quest is to accomplish big things and the Amrit Kaal will be a period of an aspirational India's rise to greater global significance.

(The author is Freelance Journalist/Social Worker)

Not all dreamers are winners, but all winners are dreamers



Vinod Chandrasekhar Dixit

We all know that in life our character is a composite of our habits. The maxim goes like "Sow a thought, reap an action, sow an action, reap a habit, sow a character, and reap a destiny." Small wonder some people glide effortlessly onwards and upwards at work, and so in life. They excel because of their distinguished and dignified habits. In order to make something a habit in our life, we have to have some basic principles often based on our own observations. Here are some important habitual traits that influence our objectives and goals towards a definite purpose in our life.

Be Proactive

It all starts with our self-awareness that enables us to stand tall in the crowd and examines the way we 'see' ourselves. It leads us to see beyond, listen beyond and act beyond in any environment. It makes us understand that we are responsible for our lives. It denotes the most basic habits of a successful people, the habit of proactivity. One excellent way to become more proactive is to look at where we focus our time and energy. Being proactive means you should take care to

put all your efforts in the circle of influence. You should nurture your energy towards fulfilling your own ability. Your proactive approach that teaches you to see things in new light helps you to break the shackle of all your problems within the circle of influence.

Begin with the end in Mind

Being a rational and disciplined being we plan everything at beforehand. We able to establish contact with our inner guidance system at the heart of our circle of influence. And thus starts the habit 'to begin with the end in mind'. Simply put it is to begin today with the image, picture, or paradigm of the end of our life as our frame of reference or the criterion by which everything else is examined. This habit is revolved around the principle of personal leadership, which means that leadership is the first creation and it is very much important to lead our own notion and actions ahead. This habit also demands to approach to our principle roles in the family or in the business as well as our other roles in life, with our values and directions clear.

Put First things First

Whatever endeavor we take, first flashes in our mind frame. We see the possibility of its potential in the light of our own conscience. It is called mental creation that we cautiously integrate in our brain. There is second creation we call it physical creation. It is the exercise of independent will towards becoming principle centered. We are in a habit to put first things first by practicing effective self-management. Self-management that is the breaking down, the time-bound left brain as-

pect of effective self-government. The human will is an amazing thing. Time after time, it has triumphed against unbelievable odds. So be enthusiastic, give your will a thrust.

Have a Plan

Most of us don't practice concrete planning methodologies for our works, and that is why we fail. To write success in our life or business, we must follow a definite course of actions- long terms or short terms. Long term plans can be easy to narrate, they are sensible and workable but it should be realistic and in tune with our capabilities no more, no less. On the other hand, Short term plan vary according to our time span and urgency. Both these plans should be devised to put into action and make them happen.

Seek first to understand, then to be understood

Communication is one of the most important skills in life. If we want to interact effectively with others, to influence others, we first need to understand them. "Seek first to understand" involves a very deep shift in paradigm. We often seek first to be understood. Most of us do not listen with the intent to understand, we listen with the intent to reply. When another person speaks, we are usually "listening" at one of four levels. According to communication experts in empathic listening, we listen with our eyes and with our heart. We listen for feeling, for meaning. We can always seek first to understand. That's something within our control. And as we do that, as we focus on our circle of influence, we really, deeply understand other people. We get to the heart, of mat-

ters. We talk with each other quickly. We give people the psychological air they need so we can work together effectively.

Set Personal Standards

There are state-of-the-standard rules and dictums. Then there are state-of-the-individual norms that we set according to our own ethos and envision. These norms are the reflection of our own being and remain our guiding force all through. Just jot down your own set of rules that you will try to abide by. We may need or have a better set for our personal conduct; it should bracket superior traits that comprise positive and proactive elements we need to network and nurture. We must endeavor to be the very, very best we can at all times.

Maintain Good Manners

Good manners make one perfect. Interestingly, most of us believe we have good manners already. However in reality, the more we hurry and the more we are stressed, the more manners are likely to slip. If we are honest, will admit to properly express gratitude for something when frazzled by life, or feeling a huge temptation to push in front of somebody dodderly when rushing to catch a train. We should remember our own rules of manners, however rushed and fraught we feel. We should always make the efforts to show good manners. No matter how small interactions with people we have each day, don't let the manners slip. They cost nothing and yet can generate so much good will and make everyone's life that much more pleasant.

contd. on page 3

India's daily Covid tally drops below 10k-mark with 9,531 new cases in 24 hours

Agency
New Delhi, August 22:

India's Covid-19 cases dipped below the 10,000-mark on Monday with 9,531 fresh infections in the last 24 hours, the Union health ministry data showed Monday. The new cases recorded were a 17 per cent drop compared to yesterday's Covid tally at 11,539. The active caseload in the country now stands at 97,648, the health ministry data showed.

The fresh deaths due to the Covid stood at 36, including 10 fatalities reconciled by Kerala. The overall death toll in the country was 5,27,368.

The latest figures pushed the cumulative tally to 4,43,48,960. The active cases comprise 0.22 per cent of the

total infections, whereas the national Covid-19 recovery rate stood at 98.59 per cent, as per the health bulletin this morning.

India's coronavirus cases dropped below the 10k-mark after four days. On Wednesday, the daily tally was recorded at 9,062, but on Thursday, as many as 12,608 fresh infections were reported, followed by more than 15,000 new Covid cases on Friday and a slight dip on Saturday and Sunday, still above 10,000.

The daily positivity rate stood at 4.15 per cent, while the weekly positivity rate was 3.59 per cent.

The Covid tally in India had surpassed the one-crore mark on December 19, 2020. It crossed the grim milestone of two crore on May 4 and three crore on June 23 last year. In

January this year, India breached the four crore mark.

Meanwhile, the health ministry also stated that a total of 35,33,466 vaccine doses were administered in the last 24 hours, taking the total vaccinations under the nationwide vaccination drive above 2.1 billion doses.

India's COVID-19 tally had crossed the 20-lakh mark on August 7, 2020, 30 lakh on August 23, 40 lakh on September 5 and 50 lakh on September 16. It went past 60 lakh on September 28, 70 lakh on October 11, crossed 80 lakh on October 29, 90 lakh on November 20 and surpassed the one-crore mark on December 19.

India crossed the grim milestone of two crore on May 4, three crore on June 23 last year and four crore on January 25 this year.

Kejriwal breaking records in corruption, his silence proves he is hardcore dishonest: BJP on excise policy row

Agency
New Delhi, August 22:

The BJP on Monday said that the "silence" of Delhi Chief Minister and AAP chief Arvind Kejriwal on the corruption charges in the excise policy proves that he is "hardcore dishonest" and gave him 24 hours to answer questions on the allegations.

Addressing a press conference, BJP national spokesperson Gaurav Bhatia said that his party has disclosed the "corruption" of the Aam Aadmi Party (AAP), adding that the arrogance of Kejriwal will be shattered by the people of the national capital whose questions he is not answering.

The AAP and BJP have been exchanging barbs over the recent CBI raids at Delhi Deputy Chief Minister Manish Sisodia's residence in connection with the alleged corruption in the Delhi Excise Policy.

Stepping up his attack on the AAP government over the excise policy row, the BJP leader said that Delhi CM is breaking records in corruption.

"BJP is strongly exposing the corruption and fanatical dishonesty of Aam Aadmi Party. It has become clear that Arvind Kejriwal and Manish Sisodia have no answer to the questions of the people," Bhatia said.

"Arvind Kejriwal ji, if you are honest, then you answer the question that the public is asking. After 24 hours, a tweet was posted and the same nonsense in it too," he said, referring to Sisodia's tweet.

Sisodia earlier today claimed that the BJP reached out to him with an offer to close all CBI and ED cases against him if he joins



BJP national spokesperson Gaurav Bhatia

the saffron party. He alleged that many discrepancies were found in what was recommended by the panel on Delhi excise policy and what the AAP government implemented.

Bhatia also said that a lottery system was to be adopted for the contract in retail vending across 32 zones, but it was not done by the Kejriwal government.

Meanwhile, a large number of BJP workers protested outside Kejriwal's residence.

The Central Bureau of In-

vestigation (CBI) on Friday carried out raids at 31 locations including Sisodia's residence in connection with alleged irregularities in the Delhi government's Excise Policy 2021-22.

Sisodia is among 15 people and entities named in an FIR registered by the CBI in connection with alleged irregularities in the implementation of the policy.

The raids came after Lieutenant Governor Vinai Kumar Saxena last month recommended a probe by the agency into the alleged violations of rules and procedural lapses in the imple-

mentation of the policy that came into effect on November 17 last year.

The Delhi government withdrew the policy in July after Saxena recommended the probe.

The AAP criticised the CBI raids with Kejriwal claiming the agency has been "asked from above" to harass its leaders.

Sisodia on Saturday claimed that he will be arrested by the CBI in two to three days and said that the BJP-led Centre is not concerned about the alleged scam but their worry is Kejriwal.

Tripura Congress threatens to launch mass movement demanding President's rule in state

Agency
Agartala, August 22:

Just a day after highlighting the alleged deteriorating law-and-order situation in the state, the Tripura Congress, on Monday, threatened to launch a mass movement demanding imposition of President's rule in the state.

Speaking on the matter, Tripura Congress chief Birajit Sinha alleged that over the past 52 months of BJP regime in Tripura, law-and-order situation in the state went from bad to worse.

The Tripura Congress chief alleged that BJP workers under the direction of a cabinet minister stepped up violence and attacks on the opposition parties' leaders and supporters.

"In connivance with state police, BJP cadres attacked the house of Congress leader Keshav Sarkar, who was the main architect of the victory of information minister Sushanta Chowdhury in 2018 on BJP ticket. They rolled down a bulldozer in the main entrance and demolished all the houses; thereafter, looted cash and

valuables from the house," Tripura Congress president Birajit Sinha alleged.

Notably, Keshav Sarkar had switched over to the Congress from the BJP recently.

Sinha alleged that Saturday's attack on Keshav Sarkar was the fifth attack by "BJP goons" in last six months after he joined Congress.

"The latest one appeared to be murderous. Sarkar along with his family members somehow managed to escape the attack on their lives," Tripura Congress chief Birajit Sinha said.

Career Guidance

Measure of Success

Success is worth it



By: Vijay GarG

Today the only measure of one's success is based on the norms of a materialistic culture, which has become a prerequisite for accepting many inhuman pressures and engaging in ruthless market competition. Considering success as paramount, it has become common to ignore all social values. Whereas the real meaning of success is that which develops one's existence, frees him from narrow-mindedness and makes his vision liberal and broad that success is worth it which can be achieved by going out of the same rut while battling the challenges of the path of a new alternative.

The reason for this is clear and it has also been said that the mistakes of intelligent and intelligent man can prove to be more guide for the society than the successes of fools, can build it. The success that

comes not from the tendency to imitate the crowd, but out of the box, through one's own struggle, enriches one's consciousness internally and leads him to new options and unknown possibilities that of success a definition can be meaningful and human, with a clarity of view of life, which is not dependent on fleeting, narrow and petty ambitions and which is timeless in its totality. This success should be valuable for the benefit of the society and generous from an epoch-making point of view and can take the realization of life to the height of its excellence and to the culmination of its economics. This formula for success may be based not on the collective pressure of consumerist civilization and the influence of market culture, but on independent thinking and rational vision of one's own experiences, which are based on principles.

But it is difficult for the person who walks, but it is not impossible. There is a perpetual attraction in even the tireless efforts to achieve those big goals and aspirations that are not fulfilled. They are the most beautiful and meaningful in waiting for their perfection. These objectives give man a broad outlook and liberal thinking, freeing life from the bounds

of the limited vision of living. Even in the struggle to make sense of the joy of perfection in our invisible possibilities and in the imperfection of the results and to achieve those desires.

Equally important is this pre-process of success in producing an aesthetic sense, in which there must be mental stability not only for victory, but also for defeat. This success gives an open extension to life and also provides human and ideological strength to rise to the pinnacle of purpose and accept the challenge of giving our best to rectify the shortcomings. Society is always waiting for such an alternative, which can give it a proper direction and therefore it is very necessary to save it from becoming invisible, which will help it to be received as a permanent idea. Today the whole system, media and market have created an environment that the ultimate aim of life is to achieve maximum consumption, high position, momentary popularity, social prestige and comforts in some way has become paramount for human beings.

In this concept of success, there is no place for morality, human values and sympathy for nature, which can be called its one-sided and narrow vision. That success, which is possible only at the cost of meaningful

ness of human existence, conscious if you get knowledge and wisdom by turning it into a product, then it is useless and dangerous for the society. It may be the compulsion of senseless time, but in the pressure of this cruel environment and circumstances, finding your real success can be considered a worthwhile endeavor. To save the big dreams of life, going away from the convenient paths and struggling to find some new ideal can become the new standard of success.

But the reality is that very few people choose a free path for the emancipation of themselves and the society. Mostly made-up it is better to walk on convenient routes. But in order to achieve some extraordinary success, wandering for some inaccessible alternative away from tradition, the same person can discover something which may be considered impossible on the common and simple parameters of success, but which is so comprehensive, effective and original that the subject of which has never been thought of due to the limitations of the simple meaning of being successful, then that success cannot be said to be an individual, but a collective achievement. This lesson should be given from childhood.

Agency
New Delhi, August 22:

Hundreds of farmers from different states started reaching Delhi amid heavy security arrangements to participate in a 'mahapanchayat' called by the Samyukta Kisan Morcha (non-political) at Jantar Mantar on Monday.

SKM Leaders claimed at some locations, farmers were

being stopped from reaching Jantar Mantar, a claim denied by the Delhi Police.

"The mahapanchayat is a one day-long peaceful event where we will reiterate our demands such as a legal guarantee on MSP and cancellation of Electricity Amendment Bill 2022 among others," said Abhimanyu Singh Kohar, SKM (non-political) member and organiser of the

'mahapanchayat'. He, however, added that the police is yet to give permission for the 'mahapanchayat' at Jantar Mantar.

Kohar said farmers coming from Punjab, Haryana and Uttar Pradesh were stopped last night and not allowed to reach Jantar Mantar. They were taken to Gurudwara Bangla Sahib, Rakabganj and Moti Bagh and later released, he said.

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Not all dreamers are winners....

Be Cheerful & Positive

Life is full of ups and downs. Whatever life's moments have in store for us, we can redefine them according to our own paradigms that teach us to be optimistic in every situation. Always be cheerful by putting on a smile triggers hormones. All it takes is the first few days smiling when you don't feel like it and you will start a cycle going that will make you feel better all the time. It is a known fact that everyone likes a cheerful person who is relaxed, confident, and mature and dictates the positive vibes. People will want to hang out with that person more - there is nothing as attractive as a cheerful person.

Never Lie

Always tell what you believe. Tell what you know, no more, no less. It sets you into a mode when you don't have to think twice. Never lie. If you have a simple rule-never lie-You have a default setting that requires no thought, no choices, no decisions, no alternatives, no picking, no jeopardy and not sleeping nights. Never lie is really the simplest, cleanest, most honest approach to our work-

ing like and career. It stems from our habit of truthfulness. Always go by your principle of truthfulness. Experience life in the light of truth.

Always think Win Win

We often talk about win-win situation in life. With a win-win solution, all parties feel good about the decision and feel committed to the action plan. Win-Win sees life as a cooperative, not a competitive area. It is observed that when two win/lose people get together - that is when two ego-invested individuals interact-the result will be lost/lost. Both will lose. Therefore, the common alternative is simply to think win. People with win/win mentality don't necessarily want someone else to lose. So, when there is no sense of competition, win is probably the most common approach.

Sharpen the saw

Accordingly to philosopher Herb shepherd our healthy balanced life revolves around four values: perspective (spiritual), autonomy (mental), connectedness (social) and tone (physical). "Sharpen the saw" basically means expressing all four motivations.

Exercising all these four dimensions of our nature regularly and consistently in wise and balanced ways. To do this we must be proactive. Most importantly, as it lies at the corner of circle of influence, no one else can do it for us. We must do it for ourselves. The habit talk about taking time to sharpen all these attributes for an enlightening living, joyous in every aspect.

Synergize

Synergy means the whole is greater than the sum of its parts. Synergy stems from the creative process e pursue and it is also the most terrifying part because we don't know exactly what's going to lead. We don't know what new challenges we will find. The challenge to follow this principle is to apply the principles of creative cooperative, which we often learn from nature, in our social interactions. As in life synergy is of much importance in the workdom of business. Once we have experience real synergy, we are never quite the same again; we know the possibility of having other such mind-expanding adventure in the future.

Assam-Meghalaya to form three regional committees to settle border dispute

Agency
Guwahati, August 22:

The 9th chief ministers' meeting on the Assam-Meghalaya border issue held in Janata Bhawan here on Sunday, decided to form three regional-level committees to solve disputes in six remaining border areas between the two states.

The committees will be headed by cabinet ministers of each state along with members from the Karbi Anglong Autonomous Council (KAAC) as three disputed sites out of six falls within the jurisdiction of KAAC.

Within 15 days, both the governments will notify regional committees as the members of the committees after an extensive visit and talking to the local people following the spirit of friendship will iron out differences to find out mutually agreeable solutions amicably.

As goodwill and confidence-building measures, the chief ministers of both the states will also visit the dispute sites and talk to the local people.

Later, addressing a joint press meeting, Assam chief minister Himanta Biswa Sarma said that after resolving the six disputed boundaries in the first phase, the remaining boundary disputes will also be solved amicably under the guidance.

"Survey of India has started delineating the border but due to flood and other harsh weather conditions the work was initially slow but now we feel that the Survey of India will resume the work of delineating the border and we hope that the delineation of the borders between the two states will be true to the MoU," Sarma said.

"On August 8, 2011, the Meghalaya government raised a total of 12 disputed areas and they provided maps of those sites, the govt. of Assam resolved six of those disputes but the other six were left at that point of time because the six that



were left very crucial and complicated and so they were kept for discussion at a later time," Sarma said.

"Now I think it is time we solve the long pending border dispute between the two states. The six disputed sites are in three districts of Meghalaya and like earlier we have decided to form three regional committees which will be headed by cabinet ministers from the respective states," Sarma also said.

"The Assam government will notify its three regional committees within 15 days and the same will be done by the Meghalaya government. After the committees of both the states are formed, the chairman of the committees will meet and visit the sites and will hold talks with the stakeholders of the disputed areas to resolve the border issue keeping the MoU in mind," he said.

"We are committed to resolving the border dispute and have started from our end to resolve the issue with the remaining six disputed areas. Out of these six disputed sites, three of them fall under the jurisdiction of the Karbi Anglong Autonomous Council and it has been decided that members of the

Karbi Anglong Autonomous Council will also be a part of committees, the Karbi Anglong Autonomous Council members will also be a part of the resolving this border dispute and will be a big help for Assam as they know the areas well and have a better connection with the people which will be beneficial in making them understand that it is really important to resolve this long pending border dispute," he said.

"I hope that the second phase of resolving the border dispute will be as smooth as it was in the first phase. The chief ministers of both the states will be available whenever needed in this whole process of resolving the issue," he added.

Addressing the press, Meghalaya chief minister Conrad Sangma said: "We have also decided that the second phase of discussion on the six areas of differences which are left namely Khanduli and Psiar, Block 1 and Block 2, Borduar, Langphi, Nongwah, Mawtamur and Desh Doomreah, will be taken up."

"We have decided in this meeting that within the next 15 days the two state governments will form regional committees for

the three areas which are three districts and in this, the respective cabinet ministers of both the states will be the chairpersons of these committees," Sangma said.

"We have also decided since Karbi Anglong Autonomous Council is there in Block 1 and Block 2 and in Khanduli and Psiar, the members of the Karbi Anglong Autonomous Council will also be a part of these committees. We have also decided that both I and the chief minister of Assam will visit certain locations like Block 1 and Block 2 to gain the confidence of the people and to show that both the state governments are committed to finding a resolution to the long-pending border dispute, Sangma said.

Assam chief secretary Jishnu Baruah, his Meghalaya counterpart DP Wahlang, principal secretary to the chief minister Samir Sinha, principal secretary to home and political Niraj Verma, secretary border protection and development Prabhati Thaosen, secretary home and political Meghalaya Cyril Diengdoh and other senior officers of both the states were present during the meeting.

Russia arrests Islamic State suicide bomber planning terror attack in India

Agency
Moscow, August 22:

Russia on Monday detained an Islamic State terrorist who had intended to carry out a suicide attack in India. The operative had been set to travel to India to carry out an attack. According to a statement released by the Russian Federal Security Service, he had been recruited by an IS leader as a suicide bomber in Turkey and tasked with carrying out an attack against one of India's leadership elite.

"Russia's FSB identified and detained a member of the Islamic State international ter-

rorist organization banned in Russia, a native of a country in the Central Asian region, who planned to commit a terrorist act by blowing himself up against one of the representatives of the ruling circles of India," a statement said.

The bomber - self-identified as Azamov - was coming to India with the aim of avenging an alleged insult to Prophet Mohammad. The Home Ministry is presently tracking the situation and the cyberspace is being closely watched by the relevant agencies.

According to the CSO, his indoctrination was carried out remotely via Telegram mes-

senger accounts and during personal meetings in Istanbul with an IS representative. The FSB noted that the terrorist had sworn allegiance to the ISIS amir before being given the task of leaving for Russia, completing the necessary documents and flying to India.

Islamic State and all its manifestations have been notified as Terrorist Organization and included in the First Schedule to the Unlawful Activities (Prevention) Act, 1967 by the Central Government. According to Home Ministry, IS is using various internet-based social media platforms to propagate its ideology.

Sisodia should get Bharat Ratna, instead, they conducted CBI raids, says Arvind Kejriwal

Agency
New Delhi, August 22:

Delhi Chief Minister and Aam Aadmi Party (AAP) convener Arvind Kejriwal, on Monday said that Delhi Deputy Chief Minister Manish Sisodia should be honoured with Bharat Ratna for his role in reforming government schools in the national capital. Hitting out at the Bharatiya Janata Party (BJP) for the Central Bureau of Investigation (CBI) raids against the Delhi Deputy CM, Kejriwal alleged that Sisodia and even he himself could be arrested as the actions against them are being taken due to Gujarat elections.

"He (Manish Sisodia) reformed government schools which other parties could not

do in 70 years. Such a person should get Bharat Ratna. The entire country's education system should be handed over to him, but instead, they conducted CBI raids on him," Kejriwal said in Gujarat. He and Sisodia are on a two-day visit to the western state ahead of the Assembly elections in Gujarat later this year.

"Manish Sisodia may be arrested, who knows I may also be arrested; all this is being done for Gujarat elections," Kejriwal further alleged.

The claims came shortly after Sisodia, in a tweet alleged that he received an offer from the BJP to join the party. Sisodia claimed that he received a 'message' claiming that all the cases against him would be dropped if he

joined the BJP. "My reply to the BJP is - I am a descendant of Maharana Pratap, a Rajput. I am ready to get beheaded but can never bow down before conspirators and corrupt people. All the cases against me are false. Do whatever you want to do," Sisodia said.

Last week, the CBI raided Sisodia, and several other functionaries in connection with alleged irregularities in the implementation of the Delhi excise policy. Kejriwal had alleged that raids were being carried out at a time when Sisodia's work was getting noticed globally. He had emphasized that on a day when the New York Times took note of Sisodia's work, the 'BJP sent CBI to his residence'.

Sports

Durand Cup 2022: Mohammedan SC beats Jamshedpur FC 3-0; NorthEast United loses 2nd match in a row

Agency
Kolkata/Guwahati, August 22:

Mohammedan Sporting sailed past a youthful Jamshedpur FC side 3-0 in a Group A league match to pick up its second successive win of the 131st edition of the Durand Cup, at Kishore Bharati Stadium in Kolkata on Sunday.

M. Fasluhman, Abhishek Halder and Sheikh Faiaz found the target once each to help Mohammedan Sporting collect the full quota of points. The local side tallied six points to reach top of the current group standings and remained one of the favourites sides to claim a quarterfinal berth.

Mohammedan Sporting dictated the pace of the action in the opening half and earned the goal of a corner in the 38th minute. Sheikh Faiaz set a nice floater in the box that was met with a sharp header from the tall defender Sairuatkima.

Jamshedpur goalkeeper Mohit Dhani managed to block the attempt but Fasluhman was lurking close



Mohammedan SC players celebrate the second win in a row for the I-League side with the recent win against Jamshedpur FC in the Durand Cup 2022.

by to nod the rebound home.

The young Jamshedpur side made a determined bid to find the equalizer and came close in the 42nd minute when Vinil Poojary set up Lalruatmawia free inside the Mohammedan Sporting box.

But the Jamshedpur forward failed to keep his shot on target and found the ball rebounding off the upright. Mohammedan Sporting came up

with a greater resolve after the break and appeared to overwhelm the inexperienced boys of Jamshedpur FC's reserve team.

Mohammedan Sporting doubled the lead in the 71st minute when substitute Abhishek Halder scored from a nice chip completely fooling Mohit Dhani, who was charging in to block the attempt. Faiaz took the match be-

yond the visitor's reach in the night when he slotted home a nice through pass from Marcus Joseph to complete the scoring process.

Army Green starts Durand Cup with a win

Captain Lallawmkima's brace helped Army Green record a 3-1 win over North East United in its opening Group D match of the Durand Cup football tournament at the

Indira Gandhi Athletic Stadium in Guwahati on Sunday.

North East, which had lost 6-0 to Odisha FC, suffered its second successive defeat.

Lallawmkima provided the breakthrough in the 10th minute and Somit Kothari doubled the lead 14 minutes later as Army Green went into the break with an advantage.

Lallawmkima found the target again after the break to make it 3-0 before Dipu Miridha, the hardworking North East forward on the right flank, reduced the margin in injury time.

Army Green continued with possession dominance and created chances while the Highlanders could not produce any clear-cut openings and all their attempts were straight at the Army keeper Puia, who did not have to work much to keep them away.

A consolation goal did come the Highlanders way in injury time when Miridha got to the end off a through ball from Alfred. The goal sent the crowd into a frenzy.

Mirabai, Jeremy, Achinta to skip Asian Weightlifting Championship

Agency
New Delhi, August 22:

Olympic silver medallist Mirabai Chanu and seven other top Indian weightlifters will fly to the USA on Tuesday for a three and half week of strength and conditioning (S&C) training camp in St. Louis.

Chanu will be accompanied by 2022 Commonwealth Games medallists Jeremy Lalrinnunga, Achinta Sheuli, Sanket Sargar, Bindyarani Devi, Gurdeep Singh and former 2018 CWG champion R V Rahul and Asian Championship gold medallist Jhilli Dalabehra to St. Louis, USA for a three-and-half-week-long camp.

"We will be in USA for 23-24 days. It is the off season so we will have a strength program there," Sharma told PTI.

Sargar, who went under the knife for the elbow injury he suffered during his event at the CWG, will go through rehab.

"All these lifters have small niggles like Gurdeep has some issue in his wrist. Sanket will go through proper rehab. We want that everyone is perfectly

fit for the World Championships," he added.

The lifters will work with Dr Aaron Horschig, a former weightlifter-turned-physical therapist and strength and conditioning coach.

Chanu has been consulting Horschig since 2020. He has been instrumental in sorting out her imbalance issue which affected her snatch technique.

She had a month-long training stint with Horschig in March, ahead of the CWG.

"Mira currently doesn't have any issue but since we are going there she will also do some strength training," Sharma said.

Senior lifters to skip Asian Championships

Senior weightlifters will miss this year's Asian Championships opting to focus on the World meet instead, which is a qualifying event for the Paris Olympics.

The Asian Championships are scheduled to take place in Manama, Bahrain from October 6 to 16. India will be fielding its 'B' team, comprising junior lifters.